

The Athena Club

An opportunity for 10th grade females

The Athena Club is an opportunity for a select group of young women, in the tenth grade, to meet together, read and explore what it means to be female in today's world.

The philosophy of the club is based on the Athena Leadership Model, developed through the W.K. Kellogg Foundation, which identifies eight distinct attributes that are reflective of women's contributions to leadership:

- ❖ Authentic Self
- ❖ Relationships
- ❖ Giving Back
- ❖ Collaboration
- ❖ Courageous Acts
- ❖ Learning
- ❖ Fierce Advocacy
- ❖ Celebration
- ❖ Joy

**"I AM ONLY ONE;
BUT STILL I AM ONE.
I CANNOT DO
EVERYTHING, BUT
STILL I CAN DO
SOMETHING. I WILL
NOT REFUSE TO DO
SOMETHING I CAN
DO."**

~ HELEN KELLER

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ATHENA CLUB

YOUNG WOMEN DEVELOP SKILLS
TO BECOME FEMALE LEADERS IN
THE MODERN WORLD

Athena Club

A group for CBNA's emerging leaders



art work by Katelyn Terry

Topics that will be explored will include:

A Historical Perspective of Women

The Feminist Movement

The Beauty Ideal

Friendships

Violence against women

World issues

Mentors

Time Requirements

Flexible scheduling to accommodate busy schedules

CBNA's Athena Club will be limited to a small group of students who are interested in exploring what it means to be a female leader today. Meetings will be arranged, as much as possible, around athletic events and other extra-curricular activities so that all young women will be provided the opportunity to apply for membership.

Time Requirements:
Accepted members will be required to attend the following on a monthly basis:
one morning meeting before school, one afternoon/evening meeting, one activity/trip.

Activities

Providing a rich exploration of the talents of women

These personal traits that are more intuitive to women, and combined with the strongest aspects of traditional leadership – taking risks, assertiveness, hard work – prepare women to be successful leaders in the 21st century.”

~ W. K. Kellogg Foundation

Monthly activities will include:

presentations

speakers

Boston trip

hands-on activities

movie night

Dues for the club will cover expenses of professional speakers, materials for activities and transportation. If possible, much of the expenses will be covered by grant money.