

FOR THE HIGH SCHOOL ATHLETE!

The perfect way to introduce yourself to CBNA Soccer!

We are excited to announce 5th annual Coe – Brown Soccer Academy. We hope that you will join us for a week of skills, drills, and conditioning! The goal of the CBNA Soccer Academy is to provide a week of intensive soccer in order to provide you with a head start on your soccer season.

The core skills of soccer will be stressed while advanced skills and techniques will be introduced with a focus on conditioning and training will provide you with the competitive edge you need!

Enrollment is limited so early registration is encouraged!

Each player will receive a camp shirt, water bottle, & bag.

Tuition:

Register before July 1st \$80.00

Register after July 1st \$90.00

**** Family Special****

Register 2 or more siblings before July 1st \$70.00 each.

Who's eligible to attend : All boys and girls entering grades 9, 10, 11, & 12.

Sample Daily Schedule:

- 1:00 – 1:15 Attendance, Warm Ups & Stretching
- 1:15 – 2:15 Conditioning Stations
- 2:15 – 2:45 Lecture & Concepts
- 2:45 – 3:30 Skill Stations
- 3:30 – 4:30 Small Sided Games and Activities
- 4:30 – 5:00 Cool down & Stretching

Staff:

Coach Josh Hils, CBNA Girls Soccer Coach / Camp Director

Entering his 9th year of coaching soccer at CBNA, with this season being his 4th at the helm of the Girls Soccer program. The CBNA Girls Varsity program has seen improvements. In addition, during the past 4 years, the Girls Soccer program has produced 5 All State players, 4 collegiate soccer players, 2 National All Academic teams recognized by the NSCAA, and over 20 Academic All State athletes. In 2009, the CBNA Girls returned to the NHIAA playoffs for the 1st time in over 9 years.

Coach Peter Stivali, CBNA Boys Soccer Coach / Camp Administrator

Coach Stivali returns to the camp for the 4th year, bringing a wealth of soccer knowledge and a passion for the game. His energy and expertise will be welcomed in the boys program as he looks to help win a Class I title for the Bears. Under Coach Stivali, the CBNA boys team has made the post season tournaments in each season in Class I & in 2009 they were Class I runner ups as Coach Stivali was honored with the 2009 Class I Coach of the Year in New Hampshire soccer.

Karen Bailey, NATA Certified Athletic Trainer

Miss Bailey brings her expertise and knowledge to the camp as a professional Athletic Trainer and as CBNA's strength and conditioning coach for the Soccer Academy. Miss Bailey brings experience as an Athletic Trainer, having worked directly with the Men's Hockey team and Men's Football programs at UNH.

CBNA Coaches & Staff

Assistant coaches and JV coaches form the CBNA Soccer programs will be on hand to assist in the camp throughout the week. Our coaches are NFHS Certified and have met all for the NHIAA criteria for coaches education & professional development.

SOCCER ACADEMY PLAYER REGISTRATION

Name: _____

Address: _____

Phone: _____

School: _____

Age: _____ Entering Grade: _____

Parent(s): _____

Work Phone: _____

Home Phone: _____

Emergency Contact: _____

Emergency Contact Phone: _____

Shirt Size (Adult) Circle One

Small Medium Large Xlarge

Player Medical Info (if yes, please list):

Bee Sting Allergy Yes No Epipen? _____

Other Allergies: Yes No _____

Asthma: Yes No _____

Medication: Yes No _____

Current Injuries Yes No _____

Other Medical Condition(s): _____



Make Payments to:

CBNA Girls Soccer

Send your payment and completed registration to:

Coach Josh Hils

CBNA Girls Soccer Camp

907 First NH Turnpike

Northwood, N.H. 03261

Cut here
Cut here
Cut here
Cut here
Cut here

Personal & Liability Release Waiver

Waiver and Release: I, the undersigned, agree that my (circle one) son / daughter (print name):

_____ is physically fit to participate in strenuous athletic activity, and waive Coe – Brown Northwood Academy, the CBNA Girls Soccer Program, and its officers and employees of any and all responsibility for injury or illness. I hereby authorize the directors of the CBNA Girls Soccer Camp to act for me according to their best judgment in any emergency requiring medical attention. I also understand that I am solely responsible for the payment of any such medical expenses and must provide camp with proof of medical and accident insurance. The soccer camp will safeguard the health of the participants, but will not be held responsible for accidents or illness. I hereby authorize the directors of the CBNA Soccer Camp to act for me in case of any emergency requiring medical attention. I also acknowledge that I assume all financial responsibility for any such attention.

Signature: _____

Name (print): _____

Date: _____

Relationship: _____

Insurance Carrier: _____

Policy Number: _____

**For more information or questions,
call (603) 942 – 5531 (x: 225)
Or
Email : jhils@coebrownacademy.com**

(Water will be provided for all campers. However, we encourage campers to bring a water bottle with them to refill throughout the day. We also encourage them to bring a snack and a pair of sneakers or sandals to wear during non – participatory time. Ice and Basic First Aid will be provided.*

Get ready for preseason by joining us for a great week of work, learning, and fun!

Some of what we'll do:

- Concepts of Play & Strategies
- 1 v 1 Moves
- Linking
- Volleying & Finishing
- Containment
- Cardiovascular & Strength Training
- Injury Prevention
- Heading to Finish
- Small Sided games & Scrimmages
- And much, much more!

**The 5th Annual
CBNA
Soccer Academy for
High School
Athletes**



**August 9th -13th, 2010
For Girls & Boys
Entering Grades 9 – 12
1 pm – 5 pm**